



# THE DREAM BOOK

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WEDDING AND VOW RENEWAL  
SPA AND SALON SERVICES

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*Once in a while, in the middle of  
ordinary life, love gives us a fairytale.*

—  
MELISSA BROWN

## SOMETHING BEAUTIFUL IS HAPPENING

As you begin your voyage  
toward a lifetime of happiness,  
our spa will share its beauty  
and grooming secrets  
and keep you at ease while  
celebrating your special day.

We promise to be your  
spa confidant, treat you to  
uninhibited relaxation  
and provide you with our  
expertise – from now until  
your wedding day.

These timeless collections  
will bring brilliance and bliss  
to your wedding day.



PERFECT DAY

For the bride who wants to shower herself with a touch of magic. This package covers everything from your hair to your nails. Also, ideal for a bridesmaid or mother of the bride or groom.

—  
*Wedding Day Hairstyle*  
*Wedding Day Makeup*  
*Traditional Manicure*  
*Glass of Champagne*  
—

249

*Also, ideal for a bridesmaid or mother of the bride or groom.*

EVER AFTER

This timeless collection will cater to the Bride-to-Be's before and after spa and salon wedding needs. Hair, nails, relaxation and so much more.

—  
*Pre-Wedding Trial Hairstyle*  
*Pre-Wedding Trial Makeup*  
*Wedding Day Hairstyle*  
*Wedding Day Makeup*  
*Veil Fitting*  
*Ready for the Ring Manicure*  
*Glass Slipper Pedicure*  
*Indulgent Stress-Melting Massage*  
*Wedding Glow Advanced Facial*  
*Private Dressing Room*  
*Bottomless Champagne*  
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999

TAILOR-MADE

For the groom who wants to spruce up his look for the big moment. This package will cover everything from your hair to your smile. Also, ideal for a groomsman or father of the bride or groom.

—  
*Express Shave*  
*Men's Haircut and Style*  
*GO SMILE™ Teeth Whitening*  
*A Glass of Whiskey*  
—

299

*Also, ideal for a groomsman or father of the bride or groom.*

PERFECTLY GROOMED

This effortless collection will cater to the Groom-to-Be's before and after wedding relaxation, fitness, and grooming needs.

—  
*Grooming Treatment and Shave*  
*Men's Haircut and Style*  
*Wedding Day Style Check*  
*GO SMILE™ Teeth Whitening*  
*Manly-cure Manicure*  
*Well-Groomed Men's Pedicure*  
*Moisturizing Paraffin Treatment*  
*Stress-Melting Deep Tissue Massage*  
*Made for Men Advanced Facial*  
*InBody570® Composition Analysis*  
*Private Dressing Room*  
*A Glass of Whiskey*  
—

999

ULTIMATE FAIRYTALE

Perfect for the couple who wants to indulge. Ease wedding stress with this all-inclusive collection that caters to your every need.

Combine any **two** of the **Ever After** or **Perfectly Groomed** packages for the ultimate fairytale dream.

Collection also includes:

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*Thermal Suite Day Experience*  
*Happy Legs and Feet Therapy*  
*ELEMIS Ultra Smart Eye Treatment*  
*Reveal Skin Lab*  
*Medi-Spa Consultation*  
*Private Dressing Room*  
—

1499 per couple  
( a savings of 499 )



—  
*To love, be loved, and share love,  
is the greatest feeling of all.*  
—

UNKNOWN







### LITTLE PRINCESS

Every blossom bearer should feel like a princess and share in the wedding day magic too.

*Magical Updo*  
*Magical Manicure*  
*Cookies and Milk*

79

### PETITE PRINCE

A little grooming for the unforgettable ring bearer to share in the magic.

*Handsome Haircut and Style*  
*Nail Buff and Tidy Up*  
*Cookies and Milk*

49





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*To love, laughter and happily ever after.*  
—

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JUST FOR COUPLES

**Aroma Stone Therapy**

Hot stones deeply relax the body, getting into areas of tension at a profound level, while improving range of motion and helping the recovery of strained muscles.

*75 minutes 399*

**Bamboo Massage**

Heated bamboo produces a muscle-melting sensation. The rolling technique increases circulation, promotes detoxification, and induces a state of relaxation.

*75 minutes 399*

**Aroma Spa Seaweed Massage**

This marine-algae wrap detoxifies the body, helping reduce the appearance of cellulite and excess water from the body. Includes a 25-minute back massage.

*75 minutes 399*

**Intensely Cleansing Salt Scrub**

The extraordinary cleansing power of salt goes to work releasing toxins in this body-polishing treatment. The fragranced salt of choice will gently buff away dead skin cells.

*75 minutes 399*

**InBody570® Body Composition Analysis**

This comprehensive analysis reveals your muscle mass, body fat mass, visceral fat, metabolism, inflammation, and fluid retention levels to allow you to take control of your health.

*60 minutes 99*

**Nutritional Consultation**

Address fatigue, weight, and other concerns with a personalized diet and exercise assessment to achieve a healthier lifestyle and reach your wellness goals.

*60 minutes 149*

**Personal Training**

This one-on-one training session focuses on individual needs. Learn which exercises work best. Includes an in-depth consultation and body composition analysis.

*60 minutes 149*

**Class Pass**

These are not just classes. They are an endless rotation of endorphin-boosting workouts. Your all-access class pass gives you first dibs at the classes and times of your choosing.

*99*

**Pain Management**

Address your discomfort and concerns while offering a selection of non-invasive therapies that span from acupuncture treatments to massage and wellness classes.

*50 minutes 258*

**Stress Free Acupuncture**

Our certified acupuncturist treats an extensive list of conditions such as pain management (sciatica, joint, muscle and arthritic pain), sea sickness, and anxiety.

*50 minutes 258*

**GO SMILE™ Teeth Whitening Treatment**

Lighten your teeth up to six shades in minutes with this safe and effective whitening treatment to add a sparkle to a smile. No sensitivity or messy trays.

*50 minutes 259*



*All prices are in US dollars. For your convenience, an 20% service charge will be applied to your final bill at checkout.*





**FACIALS** 50 minutes

**BIOTEC Line Eraser**

Target wrinkles and energize the skin with microcurrent pulses and red and blue light therapy. A powerfully rejuvenating treatment that minimizes fine lines and wrinkles.  
199

**BIOTEC Firm-a-Lift**

Rediscover the architecture of your face with a blend of massage and sculpting galvanic technology. Skin is visibly strengthened for a contoured complexion that is remarkably lifted.  
199

**BIOTEC Skin Resurface**

This revolutionary facial addresses skin tone, blemishes, and fine lines. The ultrasonic peel, massage, and light therapy deliver a complexion that has never been smoother.  
199

**BIOTEC Supercharger for Men**

The facial for a carefree, youthful and energized male complexion. Ultrasonic peeling, steam and galvanic current deliver a deep clean for a multi-tasking, time-efficient solution.  
199

*For your Wedding Day Glow or Made for Men Advance Facial select from any of the above facials.*

**HAIR**

**Special Occasion Hairstyle**

Whether you are a bride-to-be, bridesmaid, or a guest at a special occasion, our team of hair stylists can help you decide and create that perfect look for your special event.  
99

**Special Occasions Hair Trial**

Bring pictures of the styles you love, a picture of your dress and any head piece, veil or hair accessory you plan to wear for a consultation and hair trial.  
99

**Special Occasion Makeup**

Whether it is a special occasion or simply a way to feel special, our make-up artists will accentuate features during a session. Ask about strip lashes to enhance the look.  
99

**Special Occasion Makeup Trial**

The perfect opportunity to get to know your artist's personality and their skill level, and to determine your desired style and makeup look.  
99

**Shampoo and Style Dry**

A relaxing shampoo, blow dry and styling to your liking.  
from 69

**NAILS**

**Fire & Ice Manicure and Pedicure**

Using a combination of therapeutic cooling gels and the warmth of massage using a heated stone, your skin will be smoother, and your nails will be nourished and polished to perfection.

*Manicure 45 minutes 69*

*Pedicure 60 minutes 79*

**Shellac® Upgrade**

Use a Shellac coating instead of regular polish, resulting in tremendous shine, depth of color, and perfect finish. Provides excellent wear and comfortable protection for up to 14 days.  
20





### MEN'S GROOMING

**Grooming Treatment with Shave**  
Experience the Express Shave, mini facial, and a luxurious face, scalp, hand, and arm massage.  
*55 minutes* 109

**Men's Cut and Style**  
A clean-cut look with full-service grooming, including hair and beard trims as well as styling.  
45

### TEETH WHITENING

**GO SMILE™ Teeth Whitening Treatment**  
Lighten your teeth up to six shades in minutes with this safe and effective whitening treatment to add a sparkle to a smile. No sensitivity or messy trays.  
*30 minutes* 149





# — COUNTDOWN TO      HAPPILY EVER AFTER

6 MONTHS	3 MONTHS	1 MONTH	THE WEEK PRIOR	TOMORROW IS THE DAY	YOUR SPECIAL DAY
<p>Make a vow to look and feel your best on your wedding day.</p> <p>Schedule hair, body, and skin appointments where you live so you can decide what services you will require while onboard.</p> <p>Begin your regimen by scheduling appointments every 4-6 weeks.</p>	<p>Commit to regular manicure appointments to strengthen your nails and hair and scalp treatments for lustrous locks.</p> <p>Meet with your waxing specialist to decide on a natural shape for your eyebrows.</p>	<p>It is time to make final decisions and changes.</p> <p>Confirm all appointments through to the big day for you and your 'I Do' crew.</p> <p>Spend time at the salon and barber shop with your local hairstylist and make sure to bring along your headpiece or veil to trial.</p> <p>Take pictures and send to the spa coordinator to share with our onboard hairstylist.</p> <p>Let us know if you wear hair extensions so we can be prepared.</p>	<p>For final touch-ups, meet with your hairstylist for coloring, highlighting, or shaping at home.</p> <p>If you are spending the week on board, schedule these services prior to your wedding day.</p> <p>Purchase any cosmetics you may need.</p> <p>Then, take care of all your waxing needs: eyebrows, lips, legs, and bikini area.</p>	<p>Escape with your spouse-to-be for a couples massage.</p> <p>Then, prepare for the rehearsal dinner and the wedding with a final manicure, pedicure, and hair wash.</p> <p><i><b>Bridal tip:</b></i> For an updo, it is best to wash your hair a day prior so natural oils help set the style.</p>	<p>Today is your day.</p> <p>Final hair and makeup appointments have been scheduled for you and your bridal party.</p> <p>You will look stunning and timeless.</p> <p>Enjoy your moment and congratulations!</p>





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*To reserve your Dream Book experience,  
you may book online through the cruise line's  
website or visit the spa once onboard.*

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